

**APTA - MS Southern District and Pearl River Community College
Spring Continuing Education 2020**

March 6, 2020

Agenda:

Registration will begin at 7:30

8:00 – 10:00

**Stephen Worrel, DPT Active Recovery Physical Therapy
Blood Restrictive Therapy**

Blood Flow Restriction therapy is the application of a tourniquet reducing blood flow to an exercising limb that allows people to increase strength and hypertrophy the muscle using light weights. The bulk of this lecture will concern the mechanisms behind BFR and its clinical use for the everyday patient but will also discuss the promising ways it could be utilized in the future. Through this presentation I will give a brief overview and understanding of this topic supplemented with research as well as demonstrate its clinical usefulness and effectiveness in various patient populations.

10:15 – 12:15

**Steven Holland, PT Physical Therapy Clinic of Gulfport
PPO Contracting: The Overview of Legal and Financial Ethics in Contracted Payment
Methodology**

12:30 – 1:30

**Lunch and Ethical Scenarios Tracie Thornton, DPT
Lunch has been graciously provided by TMC**

1:45 – 3:45

**Dr. Jeremy Wells, MD Hattiesburg Clinic
Plasma Rich Protein**

Jeremy B. Wells, MD, a physician at Sports Medicine, works to prevent, diagnose and treat injuries related to participation in sports and exercise. Platelet-rich plasma (PRP) therapy uses injections of a concentration of a patient's own platelets to accelerate the healing of injured tendons, ligaments, muscles and joints.

Location:

Woodall Center
906 Sullivan Drive
Hattiesburg, MS 39401
601-554-4667

CEU credit is approved for a total of 7 hours for PTs and PTAs by the APTA-MS with 3 hours of Ethics.

The course is offered **free** to Clinical Instructors or Clinical Coordinators for Pearl River Community College PTA program.

MPTA Members \$125.00

Non Members \$150.00

Students \$ 25.00

Please email Karinna Lee at kklee@prcc.edu to reserve a seat for this conference. Please indicate if you are a clinical instructor for the program. Payment will be accepted at registration. Snacks and lunch will be provided. You will receive a confirmation email. Please email or call Karinna Lee at 601-554-5488 for questions regarding this course offering.